



Franklin County Senior Centers offer a variety of programs to serve older adults throughout the county. Sandy Lutz, Senior Center Director, and Terry Fink Senior Center Coordinator at the Tuscarora Senior Enrichment Center of Franklin County Area Agency on Aging have arranged to host an Arts in Education dance program at the Greencastle Senior Activity Center, and the Tuscarora Senior Enrichment Center. This eight-week program is for adults age 18 and up, with instruction being provided by Ms. Nancy J. Walker, and Mr. Jef Savage (Danza Antiqua), during March 15 - May 5 2015. The overall objective of the dance program is to look into the history, life & cultures of Europe, Latin America, Caribbean Islands and the United States covering the decades from 1900 – 1980. For each time period, the most popular dances will be taught, as well as, many other cultural aspects of each time period including music, fashion, lifestyles, etiquette, popular culture, and typical period recipes.

By using social dance as a basis, the Artists will help to bring the history and culture of the 20<sup>th</sup> Century to life by inter-connecting with the participants' experiences. This will open new avenues for exploration, a greater appreciation of the past and the contributions of other cultures together with the diversity they bring.

Ms. Nancy Walker and Jef Savage (Danza Antiqua) are Rostered Artists for the state of PA. They are specialists in ballroom dance and dance history. They have dance experience as performers and instructors, along with extensive experience of bringing history and diverse cultures to life for students. Nancy holds an M.A. and B.A. degree in Dance and a Diploma in Fine and Decorative Arts from Christie's (London). She is currently Adjunct Professor of Dance at Gettysburg College. Jef holds an MBA and BS.

At the completion of the program, a final dance and social event will be held at the Tuscarora Senior Enrichment Center, where program participants, friends, family and the community at large are invited to join in the dances, which will be taught again during the evening. Participants are invited to dress in period fashion for their favorite decade or wear an item of clothing or accessories from that decade. Anyone attending will be asked to bring a covered dish of a period recipe for a "pot luck" dinner.

At the end of the residency, participants will be able to: participate in hands-on activities in dance, and related disciplines; develop new pathways and new connections with the world they live in; improve posture, mobility, balance & deportment through dancing; increase body awareness, spatial awareness and self-confidence; enhance social interactions with other participants through cooperation and team work; develop observation skills by exploring dance media including relevant film clips, photographs, and art; explain the role, influence & contribution of dance in American culture during the 20<sup>th</sup> Century; recognize ways that other disciplines are connected to the arts; develop a greater appreciation of the past and its impact on the present

# Schedule of Programs

**Greencastle**  
(Tuesdays 6:30 PM – 8:30 PM)  
March 15, 22, 29  
April 5, 12, 19, 26  
May 5, 20\*

**Tuscarora**  
Thursdays (6:30 PM – 8:30 PM)  
March 17, 24, 31  
April 7, 14, 21, 28  
May 7, 20\*

## Outline of Material by Week

### Week 1 - 1900's The New Century

Teddy Roosevelt, John Philip Sousa, Recorded Sound, invention of sound recording machines, Edison's Cylinder Phonograph, The Victrola, Gramophone, and their contribution to the spread of new music and dances.

**Dances:** 2 Step, Boston 2 Step, Quadrilles, Grand March

### Week 2 - 1910's History of the Titanic, Silent Movies, Scot Joplin

History of the Titanic, Fashion, Silent Movies, The Castles, Scot Joplin,

**Dances:** One Step + Animal Dances, Hesitation Waltz, Early Foxtrot

### Week 3 - 1920's The Roaring Twenties

Women's Rights, Arthur Murray, Charlie Chaplin, Rudolph Valentino

**Dances:** The Charleston, Early Tango

### Week 4 - 1930's The Great Depression

Wall St. Crash, Fred Astaire, Shirley Temple & Bill" Bojangles" Robinson, Segregation, Dance Marathons,

**Dances:** Big Apple, Shim Sham

### Week 5 - 1940's World War II

Rationing, Big Bands, Women and Children in Industry, Nicholas Brothers

**Dances:** Swing, Lambeth Walk, Rumba

### Week 6 - 1950's Rock & Roll, Latin Influence

Buddy Holly, Elvis Presley, Tito Puente, Pedro Aquilar (Cuban Pete), Civil Rights Movement,

**Dances:** Merengue, Chalypso, Stroll

### Week 7 - 1960's American Bandstand

The Space Race, Dick Clark, Cold War, Beatlemania, Carnaby Street, Twiggy, Motown

**Dances:** "The Batman", a compilation of popular 60's Dances

### Week 8 - 1970's Disco Era

Disco Music, Bee Gees, Discotheques, Fashion, John Travolta,

**Dances:** Saturday Night Fever Line Dance

*This Arts In Education project is supported by funding from stARTSomething, a regional program of the Cultural Alliance of York County, a regional arts funding partner of the Pennsylvania Council on the Arts, a state agency. State government funding comes through an annual appropriation by Pennsylvania's General Assembly and from the National Endowment for the Arts, a federal agency.*

**\*COMBINED CLASS/COMMUNITY DANCE & COVERED DISH DINNER AT TUSCARORA SENIOR ENRICHMENT CENTER - Friday May 20<sup>th</sup> 6:30 PM – 10:30 PM**