

Shippensburg Community Resource Guide

Social services and related programs located in Shippensburg, Pennsylvania.

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This resource guide was produced by the Shippensburg Community Resource Coalition

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Disclaimer

The SCRC is not responsible for errors or omissions. Organizations and programs included in this directory are in no way endorsed by the SCRC or an indication of skills or competence. The SCRC attempted to include all agencies and programs that were known and wished to be included.

Purpose of the Guide

This resource guide was produced by the Shippensburg Community Resource Coalition (SCRC). The SCRC was developed from a group of community stakeholders who explored the need for a homeless shelter in 2009. This original committee has grown to a group of over 75 people who are interested in establishing the SCRC. The purpose of the SCRC is to provide a central location for access to social services and youth programming. This guide was created and developed to make it easier to identify social services that are available in Shippensburg.

The Shippensburg Community Resource Coalition was developed in part because the town of Shippensburg is located in both Cumberland County and Franklin County which can lead to confusion about how and where to access social services. Currently there are no homeless or domestic violence shelters currently in Shippensburg. These services and many others are available in the neighboring towns of Carlisle and Chambersburg. Both counties have their own guides to social services so this guide focuses on the services that are available in the town of Shippensburg. For additional resources in Franklin and Cumberland Counties please refer to the county websites for their resource guides.

Franklin County Resources – Go to <http://www.co.franklin.pa.us> and use the “county quick links” drop down menu to select “Guide to Basic Needs Assistance” or “Where to Turn for Help Booklet”

Cumberland County Resource Guide – go to <http://ccpa.net/index.aspx?NID=229> for the “Beginners Guide to Human Services” and download the document by clicking on the link.

2-1-1 – Contact Help Line - Providing Central Pennsylvania residents of Adams, Cumberland, Dauphin, Franklin & Perry Counties with Free, Confidential Listening, Health and Human Services Information & Referral 24 hours a day, 7 days a week.

To update or add information, please contact the SCRC at (717) 477-9100 or e-mail shippensburgcrc@gmail.com.

Clothing Assistance

Christ United Methodist Church

47 East King Street, Shippensburg PA 17257
Clothing Bank on Saturday Mornings from 9am-11am
Call for more information – (717) 532-6850
<http://www.christumcshipp.org/>

Church of the Brethren- Ridge Church

1095 Ridge Road, Shippensburg, PA 17257
Hours, Wed-Friday: 9am-2pm
Call for more information - (717) 423-5228

Trinity Methodist Church

116 W. Main Street Walnut Bottom Rd, Shippensburg PA 17257
Open 2nd and 4th Wednesdays & Saturdays 9am-12pm
Call for more information – (717) 532-7606
<http://www.trinitywb.org/index.html/>

Drug and Alcohol Services

Roxbury Treatment Center

601 Roxbury Road Shippensburg, PA 17257
Provides detoxification and inpatient drug and alcohol treatment intervention. Accepts most private insurance plans and medical assistance. Some plans require a pre-authorization of payment for services, so it is best to contact the facility first for some direction about how to access their program with insurance as the payment method. Roxbury staff can also be contacted directly for information about how to access these services and are available 24 hours a day.
800-648-4673
<http://www.roxburyhospital.com/>

Alcoholics Anonymous (AA) Meetings in Shippensburg

Mondays 8:00 pm – 9:00 pm
Unity Group
St. Andrews Episcopal Church
27 N. Prince Street
Closed Discussion Meeting

Thursdays 7:30 – 8:30 pm
Unity Group
222 North Queen Street
Open Discussion Meeting

Fridays 8:00 – 9:00 pm
Unity Group
1st Church of God Annex
N. Prince and East King Streets
Open Meeting; Big Book

Al-Anon Meetings in Shippensburg

222 North Queen Street Ext.
Open meeting for anyone loving an addict/alcoholic.
Thursdays 8:00 – 9:00 pm

Narcotics Anonymous (NA) Meetings in Shippensburg

Mondays, Wednesdays, Saturdays, and Sundays 8:00 – 9:00 pm
Fridays 12:00 – 1:00 pm
The Truth Will Set You Free Group
25 S. Penn Street, Shippensburg, PA 17257
(Meeting is across the street from Messiah United Methodist Church)
Open Discussion Meeting; Non-smoking

Education

Boys & Girls Club of Chambersburg & Shippensburg

The mission of the Boys & Girls Club is to enable all youth, especially those who need us most, to reach their full potential as productive, caring, and responsible citizens. Membership is \$10 for 9 months during the school year, with Summer Programs available for an additional charge.

Program Schedule:

2:30pm- 5:30pm Monday - Thursday at Shippensburg Middle School

3:15pm - 6:15pm Monday - Friday at Nancy Grayson Elementary School

For more information contact: Jeanne Clark or Karyn Gramata at (717) 261-5761

<http://www.bgccs.org/>

Drew Michael Taylor Foundation

Ready, Set, Go! Early Learning Program

Designed to help parents learn how to be their child's first teacher as well as offer activities for children. Held weekday evenings in Fall and Spring at the Shippensburg Area School District.

Contact for more information- (717) 532-8922

www.drewmichaeltaylor.org

Shippensburg Head Start Program (Preschool)

Cora I. Grove Spiritual Center, Shippensburg University

The Shippensburg Head Start Program provides the opportunity for children of low income families to develop intellectually, socially, and physically. We work together in partnership with families to help the preschool child achieve success in learning and life. Offering center based and home based options for education.

Serves children ages 3-5 years old.

No Fee; Enrolling children whose family meet federal Income guidelines.

(717) 477-1626 8:00am -4:00pm

<http://www.ship.edu/headstart>

Hope Reformed Presbyterian Church

123 Walnut Bottom Road, Shippensburg PA 17257

Free GED classes Wednesday evenings at 6pm. Program runs for 12 weeks with dinner served at 6pm and class starting at 6:30pm.

(717) 532-8998

<http://hopechurchpca.com/index/>

Memorial Lutheran Church

34 East Orange St, Shippensburg PA 17257

Blessing of the Backpacks

Provides pencils, rulers, erasers, backpacks, etc.

Runs from the end of August - September

Call between 8am-1pm for more information.

(717) 532-4614

<http://www.memluth.org/>

Shippensburg Public Library

73 W. King Street

Mon. 9am-9pm, Tues. -12pm-9pm, Wed & Thurs. 9am-9pm, Fri. 9-5pm, Sat. 10-5pm

Events for children and teens held throughout the year.

(717) 532-4508

<http://www.cumberlandcountylibraries.org/index.aspx?nid=91>

Employment/Income/Training

Community Action Commission (CAC)

130 S. Penn St., Shippensburg PA 17257

Providing family-based case management services to Shippensburg residents and those residing in the surrounding Cumberland County area. Providing resume and employment guidance, renter education classes, budgeting classes and first-time home buyer workshops.

Melanie M Shaffer

Shippensburg Case Manager

(717) 532-8611

<http://www.cactricounty.org/>

Financial Assistance

Franklin County Assistance Office (Welfare Office)

620 Norland Avenue, Chambersburg, PA 17201

(SNAP, Cash Assistance, Medical Assistance, LIHEAP, etc.)

(717) 264-6121 or 800-921-8839

www.compass.state.pa.us

Cumberland County Assistance Office

33 Westminster Drive, Carlisle, PA 17013-0599

(SNAP, Cash Assistance, Medical Assistance, LIHEAP, etc.)

(717) 240-2700 or 800-269-0173

www.compass.state.pa.us

Christ Among Neighbors (CAN)

130 S. Penn Street, Shippensburg, PA 17257

Serves Shippensburg Area School District and the Village of Walnut Bottom

Primary assistance provided for utility and rent needs, with all other financial needs considered. Interviews are held every Saturday from 9AM-10AM.

Call for more information – (717) 532-7577

Food Assistance

Christ United Methodist Church

47 East King Street, Shippensburg PA 17257

Breakfast on Saturday mornings from 9am-11am

2nd and 4th Thursday of each month provides a free meal; Doors open at 5pm and begin serving dinner at 5:30pm. They also have a water ministry from May-August, with free water is available on the steps of the church.

(717) 532-6850

<http://www.christumcshipp.org/>

Grace United Church of Christ

121 E. Orange Street, Shippensburg PA 17257

Free Dinner served on the 3rd Monday of the month beginning at 5:30.

Call for more information – (717) 532-6221

King's Kettle Food Pantry

30 North Fayette St., Shippensburg, PA 17257

First 3 Tuesdays of the month, 5pm - 7 PM

(717) 530-9200

Meals on Wheels

Providing a prepared Noon meal delivered Monday – Friday each week.

Service available to homebound residents in the Shippensburg Area.

\$5 charge per meal.

Contact Joellen at (717) 532-3592 for more information.

Memorial Lutheran Church

34 East Orange St, Shippensburg PA 17257

Provides free lunch at Noon on the 1st Sunday of the month (October – June)

(717) 532-4614

<http://www.memluth.org/>

Messiah United Methodist Church

30 S. Penn Street, Shippensburg, PA 17257

(Enter through door off of the rear parking lot)

Provides a free family style community dinner on the 2nd and 4th Tuesdays of the month, beginning at 5:30pm.

(717) 532-4904

<http://www.gbgm-umc.org/messiah-ship/>

Oasis of Love

303 South Washington Street, Shippensburg PA 17257

Mondays & Thursdays 11am-12pm provides baked goods and bread to those in need.

Emergency Food Boxes given out on Saturdays – please call for an appointment.

(717) 532-5112

<http://www.oasisoflove.net/>

Prince Street Brethren Church

20 N. Prince Street, Shippensburg, PA 17257

Free community dinner 3rd Thursday of the month in the Fellowship Hall

beginning at 5:30pm

(717) 532-8408

www.princestreetchurch.com

Shippensburg Church of the Brethren

253 East Garfield Street, Shippensburg, PA 17257

Free evening meal every Wednesday beginning at 5:30pm

(717) 532-6526

<http://www.shipcob.org/>

Shippensburg First Church of God

5 North Prince Street, Shippensburg PA 17257

“Kitchen of Grace” Located in the Annex Building.

Serving a free meal to anyone in the community that would like to attend. Meal can be dine in or take-out every Friday from 4pm-6pm.

Call for more information (717) 532-8421

<http://www.shipfcog.org/>

Shippensburg Produce and Outreach (SPO)

130 South Penn St., Shippensburg, PA 17257

Provides fresh produce and senior boxes of food.

Applications for assistance are available on the 4th Tuesday of every month.

Starting January 8th, fresh produce will be provided every Tuesday from 4pm-6pm.

(717) 477-9100

<http://shipout.org/>

Womens, Infants, Children Program (W.I.C.)

Serves to safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5 by providing nutritious foods, information on healthy eating including breastfeeding promotion and support, and referrals to health care.

<http://www.pawic.com/>

To join the Women Infants Children (W.I.C.) Program in Cumberland County you must contact The Family Health Council of Central PA. The Cumberland County W.I.C Program is in Shippensburg only for follow-up appointments once a month at the Grace United Church of Christ. 121 East Orange Street, Shippensburg PA 17257.

First Tuesday, 8am-3:30pm

(717) 243-0523

<http://www.fhccp.org/>

To join the Women Infants Children (W.I.C.) Program in Franklin County you must contact South Central Community Action Programs.

(717) 263-0802

<http://sccap.org/services/children.asp>

Health Care

Everyone's Vision Can Change With Age

Shippensburg Lions Club Vision Program

Serves Shippensburg School District Residents.

This program covers free eye exam with a doctor at Alleghany Optical or Wal-Mart Optical. There is no age restriction. There is a 2 year waiting period to re-apply again for another eye exam.

For more information, contact Lisa Kemp (717)860-7650

Grace United Church of Christ

121 East Orange Street, Shippensburg PA 17257

Well Baby Clinic (State Vaccination Clinic) 1st Tuesday of Each Month, 9am-12pm (Immunizations & Physicals), Must make an appointment.

(717) 532-6221, <http://church-of-christ.org/>

Shippensburg Community Nurse

King Street, Shippensburg PA 17257

Serves the Shippensburg School District.

Free home medical visits for adults, 18 and older. Participants must have a primary doctor. Can see anyone with a local Shippensburg phone number.

Call for more information - (717) 530-7900

<http://www.shippensburgcivicclub.com/nurse.html>

Shippensburg Family and Walk-In Care

46 Walnut Bottom Road, Shippensburg, PA 17257

Family Practice Hours: Monday and Wednesday 7 a.m. - 7 p.m., Tuesday, Thursday, and Friday 7 a.m. - 5 p.m.

Walk-in Care Center Hours: Monday - Friday 11 a.m. - 7 p.m., Saturday - Sunday & Holidays 11 a.m. - 6 p.m.

Private insurance, Medical Assistance, self-pay

Call for more information (717) 532-4148

<http://www.summithealth.org/services/walk-care/shippensburg-family-walk-care>

Housing-Some with Possible Waiting Lists

Chateau Terrace Apartments

304 N. Fayette Street, Shippensburg PA 17257

(717) 532-7991

Cottages of Shippensburg

300 Dwelling Court, Shippensburg PA 17257

Offers 2 bedroom cottages to individuals with a maximum income limit based on number of people in household

(717) 530-1573

Deerfield Commons:

100 Deerfield Lane, Shippensburg PA 17257

(717) 530-5111

Episcopal Square

101 N. Prince St., Shippensburg PA 17257

Provides one bedroom & efficiency housing to low income elderly & disabled persons

(717) 530-1277

Farmington Manor

353 Farmington Drive, Shippensburg PA 17257

Must be income guidelines.

(717) 532-3444

New Visions (Mental Health Residential Facility)

138 E. King Street, Shippensburg, PA 17257

(717) 477-2153

<http://www.new-visions.org/services/index.html>

Raystown Crossing Apartments

1000 Raystown Circle, Shippensburg PA 17257

Must meet income guidelines for 2, 3, or 4 bedroom.

(717) 530-1341

Roxbury Ridge Apartments

100 Meadow Drive, Shippensburg PA 17257

(717) 532-9425

Shippen Place

10 Hollar Ave., Shippensburg PA, 17257

(Ages 62 & up- 1 & 2 bedrooms only)

(717) 532-7885

Village of Timber Hill

100 Timber Lane, Shippensburg PA 17257

1 bedroom apartments, 2 & 3 bedroom townhouses.

(717) 532-2040

Mental Health/Behavioral Health/Counseling

Cumberland/Franklin Counseling Services

9076 Possum Hollow Road, Shippensburg, PA 17257

Individual, Family, and Couples Counseling for Children, Adolescents, and Adults.

Day and Evening appointments available. Most insurance accepted.

(717) 532-2196

Drew Michael Taylor Foundation

2 Grief and Loss Support Programs

1. Bereaved Parents Support Group: 1st Tues of Month from 7:30-9pm at Timothy House Annex at Messiah United Methodist; 30 South Penn Street. Open to parents grieving the loss of a child of any age.
2. Drew's Hope: Free, 7 Session grief & loss support program for children, teens, & families. Held every fall & spring at Shippensburg University.

For more information – (717) 532-8922 www.drewmichaeltaylor.org

Growing Edges Community Counseling

Shippensburg University

1st Floor, Shippen Hall, Shippensburg, PA 17257

Provides free outpatient services to children, adults, couples, and families, offered by Shippensburg University Graduate Students. Scheduled by appointment only.

(717) 477-01248 or email growingedges@ship.edu

http://www.ship.edu/Growing_Edges/

Naugle Counseling Services

119 Lurgan Avenue, Suite B, Shippensburg, PA 17257

Individual and group therapy sessions. All individual sessions are 50 minutes, all group sessions are 90 minutes. Payment is expected at the time of service (Cash, checks, money orders, credit/debit cards accepted). Rates offered on a sliding scale for those without insurance. Office hours by appointment.

For more information - (717) 729-3895 or email lorry@nauglecounseling.com

<http://www.nauglecounseling.com/>

NAMI Shippensburg

Started in the fall 2012, NAMI Shippensburg is a grassroots mental health advocacy group providing psycho-education and free peer-led recovery support groups to the greater Shippensburg area. Meeting locations vary.

connect@namishippensburg.org or (717)983-4470 to leave a voice message.

<http://www.namishippensburg.org/>

New Visions

Provides residential and social rehabilitation services for adults with chronic mental illness in Cumberland, Franklin, Fulton and Perry Counties. Services include: Specialized Community Residence, Community Residential Rehabilitation Services, Supportive Living, Fairweather Lodge, Social Rehabilitation and Drop-In Center Services. For more information – (717) 477-2153

<http://www.new-visions.org/services/index.html>

Roxbury Treatment Center

601 Roxbury Road, Shippensburg PA 17257

Offers a psychiatric facility.

800-648-4673

<http://www.roxburyhospital.com/>

Sexual Assault/Rape Crisis Services of Cumberland County, YWCA Carlisle

Counseling services available at Katie's Place (130 South Penn St., Shippensburg, PA 17257) by appointment.

24-hour crisis hotline: (717) 258-4324 or 1-888-727-2877

Valley Counseling and Consulting

114 Pugh Drive, Shippensburg, PA 17257

Individual, family and relationship counseling. All ages, 12 and under with adult participation. Day & evening appointments available.

For more information - (717) 532-7338

Pregnancy Services

P.M.I., Pregnancy Resource Center

20 E. Burd St., Shippensburg PA 17257

Offers free services for the following: Pregnancy tests, S.T.D. testing (Chlamydia & Gonorrhea), Ongoing support services for those carrying to term. Can also provide referrals for a first trimester ultrasound, call for more information.

717-532-4446

<http://pregnancyministries.org/>

Prescription Assistance

Target, WalMart, Sam's Club & Wegman's

\$4 Prescriptions

See if your medication qualifies by checking the lists at

www.target.com, www.walmart.com, www.samclub.com, www.wegmans.com

Temporary Employment Agencies

Manpower

300 S. Fayette St., Shippensburg PA 17257

Shippensburg Office: (717) 532-2060

<http://www.manpower.com/>

Transportation

Raider Regional Transit

Free to senior citizens w/ Commonwealth ID card & Shippensburg University Students w/ Student ID. For additional information – (717) 530-8891

<http://www.ship.edu/rrt/>

CAT System from Wal-Mart

<http://www.cattransit.com/routes-schedules/>

Capital Area Transit operates a bus service that leaves the Shippensburg Wal-Mart for the Harrisburg Transportation Center (Amtrak Train Station) M-F, except on State and Federal holidays. The one-way adult fare is approximately \$2.95 (Exact change is required).

- Leave Walmart 5:40 a.m.; Arrive Harrisburg 6:45 a.m.
- Leave Walmart 6:40 a.m.; Arrive Harrisburg 7:45 a.m.
- Leave Walmart 4:40 p.m.; Arrive Harrisburg 5:40 p.m.
- Leave Walmart 5:00 p.m.; Arrive Harrisburg 6:00 p.m.

Harrisburg to Shippensburg: Leave the Market Square Transfer Center in Harrisburg for the Shippensburg Wal-Mart Monday thru Friday, except State and Federal holidays. The same fares as above apply.

- Leave Harrisburg 3:35 p.m.; Arrive Walmart 4:49 p.m.
- Leave Harrisburg 4:05 p.m.; Arrive Walmart 5:19 p.m.
- Leave Harrisburg 4:40 p.m.; Arrive Walmart 5:50 p.m.

County Transportation for medical appointments for those on medical assistance – see relevant county website for more information.

Utilities Available/Assistance

Project Helping Hands

This program serves customers of Adam's Electric within the Shippensburg Area School District. Customers with past due or shut off notices can receive up to \$200 once a year, if they meet program requirements. Call the South Central Community Action Programs Emergency Services Department for more information.

(717) 263-5060 ext. 252

<http://www.adamsec.com/>

<http://sccap.org/services/emergency.asp>

Low-Income Home Energy Assistance Program

(LIHEAP) (Winter months only)

Based on income, assists with source of heat only

866-857-7095, www.compass.state.pa.us

Pennsylvania Customer Assistance Program (P.C.A.P.)

A program for low income customers of Penelec only.

800-207-9276

PPL Electric: On-Track Program

1515 Derry Street, Harrisburg PA

A program assisting families at 150% poverty guidelines to lower their monthly bill payments and debt forgiveness.

232-9757

Public Utility Commission (conservation tips and resources): 1-800-692-7380,

www.puc.state.pa.us

Warm Energy Conservation Program

For Met Ed/Penelec customers to help save energy and money by reducing their energy consumption. This is done by installing energy-saving home improvements in the home and by educating family members on ways to lower their electric usage.