



United States Department of Agriculture

You Are Invited To Join Us For...



Eat Smart, Live Strong

Enjoy fun and lively activities with other older adults! Talk about easy ways to make smart food choices and exercise more. Learn how you can Eat Smart and Live Strong.



Date/Time:

March 3, 2016

10:00 a.m.

Place:

Chambersburg Senior Center

600 Norland Avenue

Chambersburg, PA 17201

Contact:

Franklin County Area Agency on Aging

717-263-2153



United States Department of Agriculture
Food and Nutrition Service

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