



United States Department of Agriculture

# You Are Invited To Join Us For...



## ***Eat Smart, Live Strong***

Enjoy fun and lively activities with other older adults!  
Talk about easy ways to make smart food choices  
and exercise more. Learn how you can Eat Smart  
and Live Strong.



**Date/Time:** March 15, 2016  
10:30 a.m

**Place:** Greencastle Senior Center  
10615 Antrim Church Road  
Greencastle, PA 17225

**Contact:** Franklin County Area Agency on Aging  
717-263-2153



United States Department of Agriculture  
**Food and Nutrition Service**  
The USDA is an equal opportunity  
employer and provider.