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# A Guide to Human Services Development Fund Eligible Expense Definitions for Block Grant

## **Appendix D**

### **Eligible Human Service Definitions**

#### **Mental Health**

For further detail refer to Cost Centers for County Based Mental Health Services Bulletin (OMHSAS-12-02), effective July 1, 2012.

#### ***Assertive Community Treatment (ACT) Teams and Community Treatment Teams (CTT)***

SAMHSA-recognized Evidence Based Practice (EBP) delivered to individuals with serious mental illness (SMI) who have a Global Assessment of Functioning (GAF) score of 40 or below and meet at least one other eligibility criteria (psychiatric hospitalizations, co-occurring mental health and substance abuse disorders, being at risk for or having a history of criminal justice involvement, and a risk for or history of homelessness).

#### ***Administrator's Office***

Activities and services provided by the Administrator's Office of the County MH Program.

#### ***Administrative Management***

Activities and administrative functions undertaken by staff in order to ensure intake into the county mental health system and the appropriate and timely use of available resources and specialized services to best address the needs of individuals seeking assistance.

#### ***Adult Development Training***

Community-based programs designed to facilitate the acquisition of prevocational, behavioral activities of daily living, and independent living skills.

#### ***Children's Evidence Based Practices***

Practices for children and adolescents that by virtue of strong scientific proof are known to produce favorable outcomes. A hallmark of these practices is that there is sufficient evidence that supports their effectiveness.

#### ***Children's Psychosocial Rehabilitation Services***

Activities designed to assist a child or adolescent (i.e., a person aged birth through 17, or through age 21 if enrolled in a special education service) to develop stability and improve capacity to function in family, school and community settings. Services may be delivered to the child or adolescent in the home, school, community or a residential care setting.

#### ***Community Employment and Employment-Related Services***

Employment in a community setting or employment-related programs, which may combine vocational evaluation, vocational training and employment in a non-specialized setting such as a business or industry.

#### ***Community Residential Services***

Care, treatment, rehabilitation, habilitation, and social and personal development services provided to persons in a community based residential program which is a Department-licensed or approved community residential agency or home.

### ***Community Services***

Programs and activities made available to community human service agencies, professional personnel, and the general public concerning the mental health service delivery system and mental health disorders, in order to increase general awareness or knowledge of same.

### ***Consumer Driven Services***

Services that do not meet the licensure requirements for psychiatric rehabilitation programs, but which are consumer-driven and extend beyond social rehabilitation services.

### ***Crisis Intervention***

Crisis-oriented services designed to ameliorate or resolve precipitating stress, which are provided to adults or children and their families who exhibit an acute problem of disturbed thought, behavior, mood or social relationships.

### ***Emergency Services***

Emergency related activities and administrative functions undertaken to proceed after a petition for voluntary or involuntary commitment has been completed, including any involvement by staff of the County Administrator's Office in this process.

### ***Facility Based Vocational Rehabilitation Services***

Programs designed to provide paid development and vocational training within a community-based, specialized facility (sheltered workshop) using work as the primary modality.

### ***Family-Based Services***

Comprehensive services designed to assist families in caring for their children or adolescents with emotional disturbances at home.

### ***Family Support Services***

Services designed to enable persons with serious mental illness (SMI), children and adolescents with or at risk of serious emotional disturbance (SED), and their families, to be maintained at home with minimal disruption to the family unit.

### ***Housing Support Services***

Services provided to mental health consumers which enable the recipient to access and retain permanent, decent, affordable housing, acceptable to them.

### ***Other***

Activities or miscellaneous programs which could not be appropriately included in any of the cited cost centers.

### ***Outpatient***

Treatment-oriented services provided to a consumer who is not admitted to a hospital, institution, or community mental health facility for twenty-four hour a day service.

### ***Partial Hospitalization***

Non-residential treatment services licensed by the Office of Mental Health & Substance Abuse Services (OMHSAS) for persons with moderate to severe mental illness and children and adolescents with serious emotional disturbance (SED) who require less than twenty-four hour continuous care but require more intensive and comprehensive services than are offered in outpatient treatment.

### ***Peer Support Services***

Refers specifically to the Peer Support Services which meet the qualifications for peer support services as set forth in the Peer Support Services Bulletin (OMHSAS 08-07-09), effective November 01, 2006.

### ***Psychiatric Inpatient Hospitalization***

Treatment or services provided an individual in need of twenty-four hours of continuous psychiatric hospitalization.

### ***Psychiatric Rehabilitation***

Services that assist persons with long-term psychiatric disabilities in developing, enhancing, and/or retaining: psychiatric stability, social competencies, personal and emotional adjustment and/or independent living competencies so that they may experience more success and satisfaction in the environment of their choice, and can function as independently as possible.

### ***Social Rehabilitation Services***

Programs or activities designed to teach or improve self-care, personal behavior and social adjustment for adults with mental illness.

### ***Targeted Case Management***

Services that provide assistance to persons with serious mental illness (SMI) and children diagnosed with or at risk of serious emotional disturbance (SED) in gaining access to needed medical, social, educational, and other services through natural supports, generic community resources and specialized mental health treatment, rehabilitation and support services.

### ***Transitional and Community Integration Services***

Services that are provided to individuals who are residing in a facility or institution as well as individuals who are incarcerated, diversion programs for consumers at risk of incarceration or institutionalization, adult outreach services, and homeless outreach services.

### **Intellectual Disability**

#### ***Administrator's Office***

Activities and services provided by the Administrator's Office of the County ID Program. The Administrator's Office cost center includes the services provided relative to the Administrative Entity Agreement, Health Care Quality Units (HCQU) and Independent Monitoring for Quality (IM4Q).

#### ***Case Management***

Coordinated activities to determine with the client what services are needed and to coordinate their timely provision by the provider and other resources.

#### ***Community Residential Services***

Transitional residential habilitation programs in community settings for individuals with intellectual disabilities.

### ***Community Based Services***

Community-based services are provided to individuals who need assistance in the acquisition, retention, or improvement of skills related to living and working in the community and to prevent institutionalization.

### ***Other***

Activities or miscellaneous programs which could not be appropriately included in any of the cited cost centers.

## **Homeless Assistance**

### ***Bridge Housing***

Transitional services that allows clients who are in temporary housing to move to supportive long-term living arrangements while preparing to live independently.

### ***Case Management***

Case management is designed to provide a series of coordinated activities to determine, with the client, what services are needed to prevent the reoccurrence of homelessness and to coordinate their timely provision by administering agency and community resources.

### ***Rental Assistance***

Provides payments for rent, mortgage arrearage for home and trailer owners, rental costs for trailers and trailer lots, security deposits, and utilities to prevent and/or end homelessness or near homelessness by maintaining individuals and families in their own residences.

### ***Emergency Shelter***

Refuge and care services to persons who are in immediate need and are homeless; i.e., have no permanent legal residence of their own.

### ***Other Housing Supports***

Other supportive housing service for homeless and near homeless persons that are outside the scope of existing HAP components.

## **Children and Youth**

### ***Promising Practice***

Dependency and delinquency outcome-based programs must include the number of children expected to be served, the expected reduction in placement, the relation to a benchmark selected by a county or a direct correlation to the county's Continuous Quality Improvement Plan.

### ***Housing***

Activity or program designed to prevent children and youth from entering out of home placement, facilitate the reunification of children and youth with their families or facilitate the

successful transition of youth aging out or those who have aged out of placement to living on their own.

### ***Alternatives to Truancy***

Activity or service designed to reduce number of children referred for truancy, increase school attendance or improve educational outcome of student participants, increase appropriate advance to the next higher grade level, decrease child/caretaker conflict or reduce percentage of children entering out of home care because of truancy.

### ***Evidence Based Programs***

Program or activity provided by the county or through a contracted private provider that includes: Multi-Systemic Therapy (MST), Functional Family Therapy (FFT), Multidimensional Treatment Foster Care (MTFC), Family Group Decision Making (FGDM), Family Development Credentialing (FDC), or High-Fidelity Wrap Around (HFWA).

#### ***Multi-Systemic Therapy (MST)***

Intensive family- and community-based treatment that addresses the multiple determinants of serious antisocial behavior in juveniles. This approach views individuals as being nested within a complex network of interconnected systems that encompass individual, family, and extra familial (peer, school, neighborhood) factors. Intervention may be necessary in any one or a combination of these systems.

#### ***Functional Family Therapy (FFT)***

An empirically grounded, well-documented and highly successful family intervention program applied to a wide range of at-risk youth aged 11-18 and their families, including youth with conduct disorder, violent acting-out, and substance abuse with interventions that range from 8 to 12 one-hour sessions, up to 30 sessions of direct service. These interventions are conducted in both clinic settings as outpatient therapy and as a home-based model.

#### ***Multidimensional Treatment Foster Care (MTFC)***

Originated as an alternative to institutional, residential and group care placements for boys with severe and chronic criminal behavior, this has been adapted and tested with children with severe emotional and behavioral disorders, girls with severe delinquency, and youth in foster care.

#### ***Family Group Decision Making (FGDM)***

FGDM is a family-centered practice that maximizes family input and decision making with professional agency support. The family defines its membership, which often extends beyond blood or legal ties. This practice is inclusive because the family is viewed both vertically (including multiple generations) and horizontally (both mother's and father's side even if one parent is not available). FGDM conferences are culturally relevant, responsive and include an opening ritual selected by the family to emphasize their cultural link and to help participants to focus on the meeting's purpose. The community, as evidenced by agency and other professionals, is also supportive. Safety is the paramount concern. It is important for the family conference to take place in a manner that is conducive to family interactions, safety and privacy. Preparation is critical to address issues that may compromise the creation and support for a family's plan and family alone time is provided when all agency representatives and other professionals leave the room and allow the family to make decisions and craft their plan.

### ***Family Development Credentialing (FDC)***

A professional development course and credentialing program for caseworkers (public and private) to learn and practice skills of strength-based family support with families. FDC trainees work with families across the life span including families with young children, teen parents, people with disabilities, and many other groups. Staff must complete 90 hours of interactive classroom instruction and portfolio advisement; prepare a Skills Portfolio with support of a portfolio advisor; and pass a state credentialing exam.

### ***High-Fidelity Wrap Around (HFVA)***

The wraparound process is a way to improve the lives of children with complex behavioral health needs and their families. It is not a program or a type of service. Instead, the process is used by communities to support children with complex needs and their families by developing individualized plans of care. The key characteristics of the process are that the plan is developed by a youth and family centered team, is individualized based on the strengths and culture of the child and their family, and is driven by strengths and needs, rather than services. Natural supports are a central aspect of the plan for the child and family.

## **Drug and Alcohol**

### ***Inpatient Non-Hospital***

#### ***Inpatient Non-Hospital Treatment and Rehabilitation***

A licensed residential facility that provides 24 hour professionally directed evaluation, care, and treatment for addicted clients in acute distress, whose addiction symptomatology is demonstrated by moderate impairment of social, occupation, and/or school functioning.

#### ***Inpatient Non-Hospital Detoxification***

A licensed residential facility that provides a 24-hour professionally directed evaluation and detoxification of an addicted client.

#### ***Inpatient Non-Hospital Halfway House***

A licensed community based residential treatment and rehabilitation facility that provides services for individuals in a supportive, chemically free environment.

### ***Inpatient Hospital***

#### ***Inpatient Hospital Detoxification***

A licensed inpatient health care facility that provides 24 hour medically directed evaluation and detoxification of psychoactive substance abuse disorder clients in an acute care setting.

#### ***Inpatient Hospital Treatment and Rehabilitation***

A licensed inpatient health care facility that provides 24 hour medically directed evaluation, care and treatment for addicted clients with co-existing biomedical, psychiatric and/or behavioral conditions which require immediate and consistent medical care.

## ***Outpatient/ Intensive Outpatient***

### ***Outpatient***

A licensed organized, non-residential treatment service providing psychotherapy and substance use/abuse education. Services are usually provided in regularly scheduled treatment sessions for a maximum of 5 hours per week.

### ***Intensive Outpatient***

An organized non-residential treatment service providing structured psychotherapy and client stability through increased periods of staff intervention. Services are usually provided in regularly scheduled sessions at least 3 days per week for at least 5 hours (but less than 10)

### ***Partial Hospitalization***

Services designed for those clients who would benefit from more intensive services than are offered in outpatient treatment projects, but do not require 24 -hour inpatient care. Services consist of regularly scheduled treatment sessions at least 3 days per week with a minimum of 10 hours per week.

### ***Medication Assisted Therapy (MAT)***

Any treatment for opioid addiction that includes a medication approved by the U.S. Food and Drug Administration for opioid addiction detoxification or maintenance treatment. This may include methadone, buprenorphine, naltrexone, or vivitrol.

### ***Recovery Support Services***

Services designed and delivered by individuals who have lived experience with substance-related disorders and recovery to help others initiate, stabilize, and sustain recovery from substance abuse. These services are forms of social support not clinical interventions.

### ***Recovery Specialist***

An individual in recovery from a substance-related disorder that assists individuals gain access to needed community resources to support their recovery on a peer to peer basis.

### ***Recovery Centers***

A location where a full range of Recovery Support Services are available and delivered on a peer to peer basis.

### ***Recovery Housing***

A democratically run, self-sustaining and drug-free group home for individuals in recovery from substance related disorders.

### ***Other***

Case / Care Management, a collaborative process, targeted to individuals diagnosed with substance use disorders or co-occurring psychiatric disorders, which assesses, plans, implements, coordinates, monitors, and evaluates the options and services to meet an individual's health needs to promote self-sufficiency and recovery.

## ***Prevention***

The use of social, economic, legal, medical and/or psychological measures aimed at minimizing the use of potentially addictive substances, lowering the dependence risk in susceptible individuals, or minimizing other adverse consequences of psychoactive substance use.

## Human Services Development Fund / Human Services and Supports

### *Administration*

Activities and services provided by the Administrator's Office of the Human Services Department.

### *Interagency Coordination*

Planning and management activities designed to improve the effectiveness of county human services.

### *Adult Services*

Services for adults (a person who is at least 18 years of age and under the age of 60, or a person under 18 years of age who is head of an independent household) include: adult day care, adult placement, chore, counseling, employment, home delivered meals, homemaker, housing, information and referral, life skills education, protective, service planning/case management, transportation, or other service approved by the Department.

### *Aging*

Services for older adults (a person who is 60 years of age or older) include: adult day care, adult placement, chore, counseling, employment, home delivered meals, homemaker, housing, information and referral, life skills education, protective, service planning/case management, transportation, or other service approved by the Department.

### *Generic Services*

Services for individuals that meet the needs of two or more client populations include: Adult Day Care, Adult Placement, Centralized Information and Referral, Chore, Counseling, Employment, Homemaker, Life Skills Education, Service Planning/Case Management, and Transportation Services.

### *Specialized Services*

New services or a combination of services designed to meet the unique needs of a client population that are difficult to meet with the current categorical programs.