

**Nurses, Social Workers, Aging, Drug and Alcohol, Mental Health Staff, and Other Individuals Who Provide Care to Older Adults**

**REGISTER NOW!**

The Pennsylvania Department of Aging and the Pennsylvania Behavioral Health and Aging Coalition Present a Half-Day Training Session On:

**“Issues of Substance Use and Medication Misuse in Older Adults”**

This training will be conducted by Linda Shumaker, RN - BC, M.A., Outreach Coordinator of the Pennsylvania Behavioral Health & Aging Coalition

| <b>Date</b>    | <b>County</b>                     | <b>Location</b>                                  | <b>Address/Room</b>   |
|----------------|-----------------------------------|--|---|
| March 9, 2016  | <a href="#">Wayne County</a>      | Park St. Complex                                 | 648 Park St.<br>Honesdale, PA 18431                                       |
| March 23, 2016 | <a href="#">Franklin County</a>   | SpiriTrust Village at Luther Ridge, Fleck Center | 2998 Luther Dr.<br>Chambersburg, PA 17202                                 |
| April 13, 2016 | <a href="#">Jefferson County</a>  | Brockway Depot                                   | 425 Alexander St.<br>Brockway, PA 15824                                   |
| May 4, 2016    | <a href="#">Somerset County</a>   | Trinity Evangelical Lutheran Church              | 918 Tayman Ave.<br>Somerset, PA 15501                                     |
| June 1, 2016   | <a href="#">Montgomery County</a> | Bryn Mawr Hospital                               | Pennypacker Auditorium<br>130 South Bryn Mawr Ave.<br>Bryn Mawr, PA 19010 |

\*Registration ends for each session on the Monday of the week of the session.\*

**All sessions will be held from 10:00 A.M.-2:30 P.M.**

**Registration is \$35 per participant**

Beverages and a light lunch will be provided.

***Target Audience:***

This training is for all individuals who provide care to older adults, especially those who work in community settings such as aging care managers, housing staff, nurses, social workers, counselors, acute care and long-term care staff, substance abuse and mental health providers.

***Goal:***

It is the goal of this educational activity to assist professionals who provide care to older adults to understand the issues of substance abuse and medication abuse and misuse, to provide assessment and interventions, and to advocate for age-specific treatment.

***Educational Objectives:***

At the conclusion of this program participants will be able to:

1. Discuss the recent changes in the DSM 5 to “Substance Use Disorders” and “Addictive Disorders” and its implication in treatment.
2. Articulate the current and projected incidence and prevalence rates of older adults with substance use disorders.
3. Describe why the issues of substance and medication abuse/misuse in older adults are complex problems.
4. Identify “substance use” prevention, screening, intervention, and treatment models that work with older adults.

***Faculty:***

Ms. Linda Shumaker, RN-BC, MA, is a registered nurse currently serving as Outreach Coordinator of the Pennsylvania Behavioral Health and Aging Coalition. She has extensive clinical experience working in community mental health, geriatric assessment teams and long-term care. In addition, she has been an instructor of psychiatry at the Penn State College of Medicine. She has served as a founding member and former Executive Director of the Pennsylvania Behavioral Health and Aging Coalition, as a member of the Older Adult Committee of Pennsylvania Office of Mental Health and Substance Abuse Planning Council, and as a member of the Long Term Care Subcommittee of the Medical Assistance Advisory Committee.

# “Issues of Substance Use and Medication Misuse in Older Adults”

## Agenda:

- |               |  |
|---------------|--|
| 9:45 AM       | Final Registration   |
| 10:00 – 11:30 | Understanding Issues of Substance Use and Medication Misuse in Older Adults <ul style="list-style-type: none"><li>• Specific issues of substance use in older adults<ul style="list-style-type: none"><li>○ Demographics and Generational differences</li></ul></li><li>• Changes to the DSM 5<ul style="list-style-type: none"><li>○ Substance Use Disorder and</li><li>○ Addictive Disorders</li></ul></li></ul> |
| 11:30 – 12:15 | LUNCH  |
| 12:15 – 1:00  | Older Adults and Substance Use <ul style="list-style-type: none"><li>• Illicit Drug Use</li><li>• Non-medical use of prescription drugs</li><li>• Medication abuse and misuse</li><li>• Alcohol use</li></ul>  |
| 1:00 – 1:10   | BREAK  |
| 1:10– 2:20    | Substance Use Disorders Among Older Adults - Prevention and Treatment <ul style="list-style-type: none"><li>• Screening and Assessments</li><li>• Intervention and Treatment programs<ul style="list-style-type: none"><li>○ SBIRT</li><li>○ Project GOAL</li></ul></li><li>• Resources and Advocacy</li></ul>   |
| 2:20 – 2:30   | Conclusion and evaluations   |

**Content for this presentation was prepared by:** Carol Hancock Gold, Ph.D., Senior Research Associate, Penn State University, Margaret E. Hanna, M.Ed., Retired, Former Senior Director, Substance Use Disorder Initiatives, Community Care Behavioral Health and Linda Shumaker, RN-BC, MA. Outreach Coordinator of the PA Behavioral Health and Aging Coalition

# **“Issues of Substance Use and Medication Misuse in Older Adults”**

## **REGISTRATION FORM**

Registration also available online at [www.olderpa.org](http://www.olderpa.org)

**PLEASE COMPLETE ALL INFORMATION REQUESTED BELOW: (Please print)  
TRAINING LOCATION (Please indicate which you plan to attend):**

March 9, 2016 Wayne County       March 23, 2016 Franklin County       April 13, 2016 Jefferson County  
 May 4, 2016 Somerset County       June 1, 2016 Montgomery County

**Name:**

\_\_\_\_\_

**Job Title/Position:**

\_\_\_\_\_

**Agency:**

\_\_\_\_\_

**Address:**

\_\_\_\_\_

**City/State/Zip code:**

\_\_\_\_\_

**Phone:** (\_\_\_\_) \_\_\_\_\_ **Fax:** (\_\_\_\_) \_\_\_\_\_

**Email Address:**

**Registration is \$35 per participant.**

**Method of Payment:**

Check (made payable to PA Behavioral Health & Aging Coalition, 525 South 29<sup>th</sup> Street, Harrisburg, PA 17104)

Credit card payments will be accepted via online registration only at [www.olderpa.org](http://www.olderpa.org)

**Refund/Cancelation:**

Canceled registrations more than two weeks before the activity will be refunded less a 20% service charge. Cancellations less than two weeks before the program will be invoiced or a substitute is permitted. If registering less than two weeks before the program, the fee is due in full and substitution is permitted. **Registered no-shows will be billed.**

Registration is available online at [www.olderpa.org](http://www.olderpa.org) or may be submitted via fax at 717-370-6016 to the Pennsylvania Behavioral Health & Aging Coalition or e-mail to: [sarah@olderpa.org](mailto:sarah@olderpa.org).

Please call for further information: 717-541-4219 ext. 120