

# Chambersburg Senior Activity Center (717)264-8191

June 2024

Please call 24 hours in advance for meals

Activity Classes are **RED**

Exercise classes are **BLUE**  
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10:30am Mind Matters Video "Memory As We Age"</p>	<p>4</p> <p>10:30am Erin w/ Keystone "Brain Awareness"</p> <p>12:30pm Pinochle</p> <p>National Cheese Day</p>	<p>5</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10am Pottery Class-throwing on the wheel/paint project(Must Sign Up)</p> <p>12:30pm Hand &amp; Foot</p> <p>12:30pm Mah Jong</p>	<p>6</p> <p>9am Movie Day "Cry in the Wild" The Taking of Peggy Ann</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>7</p> <p>9am Fit &amp; Feisty Exercise</p> <p>2pm Ice Cream Social</p> <p>National Chocolate Ice Cream Day</p>
<p>10</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10:30am Mason Jar Lid Sun catcher</p>	<p>11</p> <p>10:30am Study Group w/ Barbara Saufley</p> <p>12:30pm Pinochle</p>	<p>12</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10:30am Cookie Baking</p> <p>12:30pm Hand &amp; Foot</p> <p>12:30pm Mah Jong</p> <p>National PB Cookie Day</p>	<p>13</p> <p>10am Live Music w/ Bob Jones</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>14</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10am BINGO Bring Something Blue</p> <p>Wear Blue Day</p>
<p>17</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10:30am Karaoke</p>	<p>18</p> <p>10:30am Pool Noodle Fishing Game</p> <p>12:30pm Pinochle</p> <p>Go Fishing Day</p>	<p>19</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10:30am Floral Arrangement</p> <p>12:30pm Hand &amp; Foot</p> <p>12:30pm Mah Jong</p>	<p>20</p> <p>10:30am Rock Painting</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>21</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10:30am Kim Lucas "Diabetes Management"</p>

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<p>24</p> <p>9am Fit &amp; Feisty Exercise</p> <p>June Birthday Celebration</p>	<p>25</p> <p>12:30pm Pinochle</p>	<p>26</p> <p>9am Fit &amp; Feisty Exercise</p> <p>12:30pm Hand &amp; Foot 12:30pm Mah Jong</p>	<p>27</p> <p>10:30am Study Group w/ Barbara Saufley</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p> <p>National sunglasses day(wear your shades)</p>	<p>28</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10am BINGO Bring a Prize Donation (Anything Goes!)</p>
<p><b>Alzheimer's Awareness Month</b></p>	<p><b>Activities Subject to Change</b></p>			