

Chambersburg Senior Activity Center (717) 264-8191
November 2024

Please call 24 hours in advance for meals
Inclement weather hotline: 717-660-2678

Activity Classes are **RED**

Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 9am Fit & Feisty Exercise
4 9am Fit & Feisty Exercise 9:30am Paint w/ Elaine Must Sign Up	5 10:30am Keystone Health 12:30pm Pinochle	6 9am Fit & Feisty Exercise 10am Ceramics Class Must Sign Up 12:30pm Mah Jong 12:30pm Hand & Foot	7 10:30am Qtip Snowflake Ornament for the Capitol Tree 12:30pm Pinochle 12:30pm 500 Card Club	8 9am Fit & Feisty Exercise 10am BINGO
11 Senior Center Closed for Veterans Day	12 10:30am Martha Swope "Seasonal Depression" 11am BP checks by Judy 12:30pm Pinochle	13 9am Fit & Feisty Exercise 10:30am Fall Gnome Craft 12:30pm Mah Jong 12:30pm Hand & Foot	14 10:30am Study Group w/ Barbara Saufley 12:30pm Pinochle 12:30pm 500 Card Club	15 9am Fit & Feisty Exercise 10:30am Comfort Keepers Presentation

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<p>18</p> <p>9am Fit & Feisty Exercise</p> <p>10am BINGO</p>	<p>19</p> <p>10:30am Popsicle Stick Acorn Craft</p> <p>12:30pm Pinochle</p>	<p>20</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Chris Anderson "A Healthy Holiday"</p> <p>12:30pm Mah Jong</p> <p>12:30pm Hand & Foot</p>	<p>21</p> <p>Thanksgiving Meal Door Prizes</p> <p>10:30am Pine Cone Turkey Craft</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>22</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Sip & Stitch</p>
<p>25</p> <p>9am Fit & Feisty Exercise</p> <p>9:30am Paint w/ Elaine Must Sign Up</p> <p>November Birthday Celebration!</p>	<p>26</p> <p>9am Movie Day "Charlie Brown Thanksgiving"</p> <p>12:30pm Pinochle</p>	<p>27</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Study Group w/ Barbara Saufley</p> <p>12:30pm Mah Jong</p> <p>12:30pm Hand & Foot</p>	<p>28</p> <p>Senior Center Closed</p> <p>Happy Thanksgiving!</p>	<p>29</p> <p>Senior Center Closed for Thanksgiving Break</p>