

Chambersburg Senior Activity Center (717) 264-8191

October 2024

Please call 24 hours in advance for meals

Activities Subject to Change

Activity Classes are **RED**

Exercise classes are **BLUE**

Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breast Cancer Awareness Month</p> <p>Butcher Shoppe Sub Fundraiser for the Senior Center this Month</p>	<p>1</p> <p>SENIOR CENTERS CLOSED FOR FALL FESTIVAL!</p>	<p>2</p> <p>9am Fit & Feisty Exercise</p> <p>10am Ceramics Class Must sign up</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p> <p>Wear Pink for Breast Cancer Awareness</p>	<p>3</p> <p>10:30am Pumpkin Sewing Craft</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p>	<p>4</p> <p>9am Fit & Feisty Exercise</p> <p>10am Bag BINGO</p>
<p>7</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Pool Noodle Hockey</p> <p>1pm Diabetes Workshop</p> <p>National Noodle Day was Sunday</p>	<p>8</p> <p>10:15am Lynn from Keystone</p> <p>11am BP checks by Judy</p> <p>12:30pm Pinochle</p>	<p>9</p> <p>9am Fit & Feisty Exercise</p> <p>10am BINGO</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>10</p> <p>10:30am Study Group w/ Barbara Saufley</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p>	<p>11</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Sip & Stitch (crochet/knitting/fiber arts group)</p>

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<p>14</p> <p>9am Fit & Feisty Exercise</p> <p>10am BINGO</p> <p>1pm Diabetes Workshop</p>	<p>15</p> <p>9am I Love Lucy Marathon</p> <p>12:30pm Pinochle</p> <p>National I Love Lucy Day!</p>	<p>16</p> <p>9am Fit & Feisty Exercise</p> <p>11am Guess Who Game(bring baby/young photo for everyone to "guess who")</p> <p>12:30pm Mah Jong</p> <p>12:30pm Hand & Foot</p>	<p>17</p> <p>10:30am Fishbowl Game</p> <p>12:30pm Vision Resources Meeting</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>18</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Sip & Stitch (crochet/knitting/fiber arts group)</p>
<p>21</p> <p>9am Fit & Feisty Exercise</p> <p>1pm Diabetes Workshop</p> <p>National Apple Day</p>	<p>22</p> <p>9am Movie & Popcorn Day</p> <p>12:30pm Pinochle</p>	<p>23</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Leaf Trivia</p> <p>12:30pm Mah Jong</p> <p>12:30pm Hand & Foot</p>	<p>24</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>25</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Kim Lucas "Medication Safety"</p>
<p>28</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Sip & Stitch (crochet/knitting/fiber arts group)</p> <p>October Birthday Celebration</p>	<p>29</p> <p>10:30am Study Group w/ Barbara Saufley</p> <p>12:30pm Pinochle</p>	<p>30</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Mind Matters Video</p> <p>12:30pm Mah Jong</p> <p>12:30pm Hand & Foot</p>	<p>31</p> <p>Guess the Candy</p> <p>10am BINGO Bring your favorite candy as a prize donation</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p> <p>1:15pm Guess the candy and costume winner announced</p> <p>Happy Halloween! Dress up in your BEST costume!</p>	