

Fort Loudon Senior Activity Center (717)369-2520
March 2024

Activity Classes are **RED**

Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 CLOSED
4 CLOSED	5 Property tax/Rent rebate forms 10- 2:00pm	6 Paint Day with Elaine(early lunch at 11:30) requires preregistration	7 Center closed- moving day Packed lunch for those pre-registered	8 CLOSED International Women's Day
11 CLOSED	12 Opening day of new center location in St. Thomas	13 Keystone 11:00 Nutrition and Dietician	14 St.Patrick's Day Trivia 11:00 Information and Referral representative here for Aging related resource questions	15 CLOSED
18 CLOSED	19 Card Games (UNO,Phase 10)	20 Kim Lucas- Amerihealth: Diabetes 11:00	21 Special Music 11:00	22 CLOSED

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25 CLOSED	26 Mind Matters: Emergency Preparedness with handouts	27 Jackie-UCP discussion about hearing loss and adaptive phones	28 March Birthdays Please sign up for what you would like to bring Easter Craft 11:00	29 Good Friday-Senior Centers Closed