

Greencastle SAC (717) 597-2020
June 2024

Activity Classes are **RED**
 Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>11a- World Elder Abuse Awareness Presentation with Ashley</p> <p>11a-Bookmobile at center</p> <p>1-3p Basic to Advanced Art Class</p>	<p>4</p> <p>9:30a-3p Pinochle</p> <p>12:30p-4p Card Club 500</p>	<p>5</p> <p>10:30-11:30a BINGO</p> <p>12:30-3p: Knitting Crew</p>	<p>6</p> <p>9a Ceramics- Learn how to use a pottery wheel (Must sign up)</p> <p>9:30-11:30a Aging I & R staff will be at the center to hand out Fruit and Veggie Vouchers</p> <p>10-12p Blood pressure check</p> <p>10:30-11:30a Study Group (Herm F)</p> <p>1:30-2p Ladies Tea & Talk</p> <p>2p- Center closing</p>	<p>7</p> <p>10:30a Elder law presentation with R. Murphy & Associates</p> <p>1245p-Craft- Cards for Homebound- summer theme</p> <p>12:45p- Wii Bowling</p>
<p>10</p> <p>11a Celebration of Friends- Remembering those who have passed away over the past year.</p> <p>1-3p Basic to Advanced Art Class</p>	<p>11</p> <p>SCAM JAM - See flyer- You must RSVP by May 24th.</p> <p>9:30-3p: Pinochle</p> <p>12:30-4p: Card Club 500</p>	<p>12</p> <p>10:30-11:30a-BINGO</p> <p>12:45-3p: Movie & Popcorn</p> <p>Daddy Daycare Two dads make an attempt at running a daycare after losing their jobs.(Comedy)</p>	<p>13</p> <p>10:30-11:30a-Group Study (Dave M)</p> <p>1:30-3p-Ladies Tea & Talk</p>	<p>14</p> <p>Wear Purple for World Elder Abuse Awareness Day (June 15)</p> <p>12:45p- Wii Bowling</p> <p>2p -Center closing</p>
<p>17</p> <p>1-3p Basic to Advanced Art Class</p> <p>3p -Center closing</p>	<p>18</p> <p>9:30-3p: Pinochle</p> <p>11a- Health & Wellness with Erin (Brain Awareness)</p> <p>12:30-4p: Card Club 500</p>	<p>19</p> <p>10:30-11:30a- BINGO</p> <p>12:30-3p: Knitting Crew</p> <p>3p -Center closing</p>	<p>20</p> <p>10:30-11:30a-Group Study (Steve F)</p> <p>1:30-3p-Ladies Tea & Talk</p> <p>3p -Center closing</p>	<p>21</p> <p>12:45p- Wii Bowling</p> <p>2p -Center closing</p>

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<p>24</p> <p>1-3p Basic to Advanced Art Class</p>	<p>25</p> <p>9:30-3p: Pinochle</p> <p>12:30-4p: Card Club 500</p>	<p>26</p> <p>10:30-11:30a-BINGO</p> <p>12:45-3p: Movie & Popcorn</p> <p>Father of the Bride A father(Steve Martin) has a hard time letting daughter go (Comedy)</p>	<p>27</p> <p>10:30-11:30a-Group Study (Jan & Steve T)</p> <p>1:30-3p-Ladies Tea & Talk</p>	<p>28</p> <p>Celebrate birthdays at lunch</p> <p>1245p-Wii Bowling</p>
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Exercise Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10a-Strong Seniors Exercise Group—Beginner Level</p> <p>10:45a-Energize Exercise—Low Level</p>	<p>9:30a-Simply Seated Exercise—Moderate Level</p> <p>10:15a-Walk Fit Exercise Group-Advanced Level</p>	<p>10a-Strong Seniors Exercise Group—Beginner Level</p>	<p>9:30a-Chair Yoga—Beginner Level</p> <p>1p-Tai Chi—Low Impact</p>	<p>9:30a-Simply Seated Exercise—Moderate Level</p> <p>10:15a-Walk Fit Exercise Group—Advanced Level</p>

Greencastle Senior Activity Center was voted the Best in the Tristate for Community Organizations 2024.

SCAM JAM June 11th. Must RSVP by MAY 24th to receive a meal.