

**St. Thomas Senior Activity Center (717)369-2520**  
**April 2024**

Activity Classes are **RED**  
 Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
1 Closed	2 Card Games 11:00	3 <b>Paint Day with Elaine</b> <b>After lunch 12:30 (pre-</b> <b>registration required)</b> World Autism Awareness Day	4 National Burrito Day <i>Movie and Popcorn 1:00-</i> <i>"Seven Brides For Seven</i> <i>Brothers"</i>	5 Closed
8 Closed	9 Book Discussion 11:00  <b>Chair Exercise 10:00-led</b> <b>by video</b>	10 <b>Keystone Health</b> <b>11:00</b> <b>"Make and Take" foot</b> <b>scrub craft</b>	11 Franklin Co. AAA Information and Referral here 10:30-11:30  <i>National Pet Day-bring a</i> <i>picture of your pet!</i>  Wii Bowling 1:00	12 Close at 1:30 for staff meeting  Trivia 10:30
15 Closed	16 <b>Chair Exercise 10:00-led</b> <b>by video</b>	17 Bring a favorite recipe to share (recipe cards on counter in center)	18 Special Music 11:00	19 <b>Martha Swope:</b> <b>Strengthening Your</b> <b>Immunity 11:15</b>
22 Closed	23 <b>Chair Exercise 10:00-led</b> <b>by video</b>  The Price Is Right Game 1:00	24 Jason G.-Franklin County Tick, Mosquito, and Lantern Fly presentation 11:00	25 John-Franklin County Veterans Affairs Presentation 11:00  Bookmobile 10-10:50	26 All centers closed for special event

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29	Closed	30 Chair Exercise 10:00-led by video National Oatmeal Cookie and Raisin Day-Cookies with lunch			
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\*Activities including painting class, pottery, and crafts have limited seated and require prior registrations/sign-ups

\*Please reserve your meal at least one business day in advance by 12:30 pm to assure one is ordered for you