

Tuscarora Senior Activity Center (717)328-4744
MARCH 2024

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SENIOR CENTER WEATHER CLOSING HOTLINE: 717-660-2678 *ACTIVITIES SUBJECT TO CHANGE*	ALWAYS AVAILABLE: COMPUTERS W/ACCESS TO PRINTER, GYM, POOL TABLES, LENDING LIBRARY, MAGNIFIER MACHINE	THE PROMISE OF SPRING'S ARRIVAL IS ENOUGH TO GET ANYONE THROUGH THE BITTER WINTER. ~J. SELINSKY		¹ 10:30AM WAYNESBORO CERAMIC CENTER WORKSHOP (SIGN-UP REQUIRED BY 1/25/24, LIMITED SEATING) 1PM CIRCLE TIME W/RACHEL: THE SILENCE OF THE NORTH DAYS TIL SPRING 18
⁴ **CENTER WILL BE CLOSING AT 2PM ALL WEEK** DAYS TIL SPRING 13	⁵ 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) 12:45PM HAND AND FOOT CARD CLUB **CLOSING AT 2PM** DAYS TIL SPRING 14	⁶ 10-11AM BOOKMOBILE **CLOSING AT 2PM** DAYS TIL SPRING 13	⁷ 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) **CLOSING AT 2PM** DAYS TIL SPRING 12	⁸ 1PM CIRCLE TIME W/RACHEL: THE SILENCE OF THE NORTH **CLOSING AT 2PM** DAYS TIL SPRING 11
¹¹ **CLOSING AT 2PM** DAYS TIL SPRING 8	¹² 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) 12:45PM HAND AND FOOT CARD CLUB 10:30AM CARDMAKING FOR THE HOMEBOUND W/RUTH DAYS TIL SPRING 7	¹³ 10AM-2PM PROPERTY TAX/RENT REBATE PREP (SIGN-UP ON BOARD OUTSIDE COORDINATORS OFFICE) DAYS TIL SPRING 6	¹⁴ 10AM BREAKFAST (SIGN- UP ON BOARD OUTSIDE COORDINATORS OFFICE) 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) DAYS TIL SPRING 5	¹⁵ 1PM CIRCLE TIME W/RACHEL: THE SILENCE OF THE NORTH ST PATRICK'S DAY WEAR YOUR GREEN AND BRING A GREEN DESSERT TO SHARE DAYS TIL SPRING 4
¹⁸ 1PM ST PATRICK'S DAY BINGO: BRING SOMETHING GREEN FOR THE PRIZE TABLE DAYS TIL SPRING 1	¹⁹ 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) 12:45PM HAND AND FOOT CARD CLUB HAPPY SPRING!!!! **CLOSING AT 2PM**	²⁰ 10-11AM BOOKMOBILE 10:30AM GROUP STUDY: PURPOSE DRIVEN LIFE	²¹ 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) 1PM KEYSTONE HEALTH MONTHLY PRESENTATION: HEALTHY EATING COOKING DEMONSTRATION	²² NATIONAL GOOF-OFF DAY BOARD GAMES ALL DAY 12:30PM BIRTHDAY CELEBRATION 1PM CIRCLE TIME W/RACHEL: THE SILENCE OF THE NORTH

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25 1PM MOVIE MONDAY: NIGHT AT THE MUSEUM	26 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) 12:45PM HAND AND FOOT CARD CLUB	27 1PM PAINT WORKSHOP WITH ELAINE FOREMAN (SIGN-UP REQUIRED, LIMITED SEATING)	28 11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION) 1PM R. THOMAS MURPHY ELDERLAW PRESENTATION	29 GOOD FRIDAY ALL COUNTY OFFICES AND SENIOR CENTERS CLOSED