

**Tuscarora Senior Activity Center (717)328-4744**  
**MAY 2024**

Activity Classes are **RED**  
 Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
ALWAYS AVAILABLE: COMPUTERS W/ACCESS TO PRINTER, GYM, POOL TABLES, LENDING LIBRARY, MAGNIFIER MACHINE	<b>SENIOR CENTER WEATHER CLOSING HOTLINE: 717-660-2678</b>  <b>*ACTIVITIES SUBJECT TO CHANGE*</b>	<b>1</b> <b>**CENTER CLOSED**</b>  10-11AM BOOKMOBILE  GRAB AND GO PICK-UP 11AM-12:30PM PRE-REGISTRATION REQUIRED	<b>2</b> <b>**CENTER CLOSED**</b>  GRAB AND GO PICK-UP 11AM-12:30PM PRE-REGISTRATION REQUIRED	<b>3</b> <b>OLDER AMERICANS MONTH PICNIC 11AM-3PM LION'S CLUB PARK</b>  <b>REGISTRATION REQUIRED</b>
<b>6</b> WELCOME BACK!!  NATIONAL NURSES DAY!  ALL DAY: CRAFT MAKING FOR SPRING FEST	<b>7</b> <b>11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION)</b>  12:45PM HAND AND FOOT CARD CLUB  ALL DAY: CRAFT MAKING FOR SPRING FEST	<b>8</b>  10:30 CARD MAKING FOR THE HOMEBOUND W/RUTH  1PM FCAA ADVISORY COUNCIL MEETING @ TSAC  ALL DAY: CRAFT MAKING FOR SPRING FEST	<b>9</b>  10AM BRUNCH (SIGN-UP REQUIRED, COOKS NEEDED) <b>11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION)</b>  ALL DAY: CRAFT MAKING FOR SPRING FEST	<b>10</b>  1PM POPCORN AND A MOVIE: SINGING IN THE RAIN (POSTPONED FROM APRIL)  SPRING FEST PREP (STOP BY TO SEE US TOMORROW AT SPRINGFEST!)
<b>13</b>  GIVE A MINUTE/TAKE A MINUTE BOARD INTRODUCTION @ 1PM	<b>14</b> <b>11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION)</b>  <b>**LUNCH @ 11:30AM**</b> <b>**CENTER CLOSING AT 1PM**</b>	<b>15</b>  10-11AM BOOKMOBILE  10:30AM GROUP STUDY: PURPOSE DRIVEN LIFE  CHOCOLATE CHIP COOKIE DAY!	<b>16</b> <b>11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION)</b>  1PM KEYSTONE HEALTH MONTHLY PRESENTATION: MENTAL HEALTH	<b>17</b>  NATIONAL PIZZA PARTY DAY!!!  PIZZA PARTY AT LUNCH! SIGN-UP AND COST ON BOARD BY OFFICE
<b>20</b>  1PM GET READY FOR SUMMER BINGO (BRING A SUMMER THEMED PRIZE TO PUT ON THE PRIZE TABLE)	<b>21</b> <b>11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION)</b>  <b>**CENTER CLOSING AT 2PM**</b>	<b>22</b>  <b>**LUNCH @ 11:30AM**</b>  <b>CENTER CLOSING AT 1PM</b>	<b>23</b> <b>11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION)</b>  12:30PM BIRTHDAY CELEBRATION	<b>25</b>  CENTER MEMORIAL DAY PICNIC AND SCAVENGER HUNT <b>**LOCATION: TSAC</b> <b>**TIME: 11AM-3PM</b> SIGN-UP ON BOARD HOT DOGS AND BURGERS

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				PROVIDED. BRING A SIDE OR DESSERT (sealed & unopened).
<p><b>27</b></p> <p><b>MEMORIAL DAY REMEMBER &amp; HONOR</b></p> <p><b>FRANKLIN COUNTY OFFICES AND SENIOR CENTERS CLOSED</b></p>	<p><b>28</b></p> <p><b>11AM STRONG SENIORS (IN-PERSON EXERCISE INSTRUCTION)</b></p> <p>12:45PM HAND AND FOOT CARD CLUB</p>	<p><b>29</b></p> <p><b>**LUNCH @ 11:30AM**</b></p> <p><b>CENTER CLOSING AT 1PM</b></p>	<p><b>30</b></p> <p>"GET TO KNOW ME" BINGO          BRING A PRIZE THAT SCREAMS "YOU" TO PUT ON THE PRIZE TABLE</p>	<p><b>31</b></p> <p>BIRTHDAY CELEBRATION AFTER LUNCH</p>