

Waynesboro Senior Center (717)762-2758
APRIL, 2024

Activity Classes are **RED**
 Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Games w/Mary 11:15am	2 GROUP STUDY 10:30AM puzzle bingo 1PM	3 1:00PM Stronger Seniors	4 Keystone health 10:30am "Foot Awareness" 1pm Pottery	5 10:30am Clean the gardens/wish list for plants 1:00PM Chair Yoga
8 Games w/Mary 11:15am Total solar eclipse watch party 2pm	9 GROUP STUDY 10:30AM sweets bingo 1PM	10 1:00PM Stronger Seniors	11 JUNK JOURNAL CLASS 10:30am Anything goes BINGO 1PM	12 1:00PM Chair Yoga
15 Games w/Mary 11:15am	16 Wear Pajama's Day GROUP STUDY 10:30AM breakfast BINGO 1PM	17 1:00PM Stronger Seniors	18 Blood pressures 10-12 1pm – 3pm Aging Information and Referral at the center to answer your questions Anything goes BINGO 1PM	19 HOOKS AND NEEDLES – crochet 10:30am 1:00PM Chair Yoga 6pm JAM
22 Games w/Mary 11:15am Walk with Ease Tune up 1pm	23 GROUP STUDY 10:30AM book bingo 1PM	24 Pinecone birdfeeder craft 10:30am 1:00PM Stronger Seniors	25 10:30am Beltone answers questions BIRTHDAYS Anything goes BINGO 1PM	26 CLOSED/Volunteer Banquet
29 Games w/Mary 11:15am	30 GROUP STUDY 10:30AM snacks bingo 1PM			