



## *January 2019* **EMPLOYEE OF THE MONTH**

The Franklin County Commissioners on behalf of the Special Thanks And Recognition Committee (STAR) proudly present the Employee of the Month award to Ms. Sarah Hamel.

Ms. Hamel has been employed with Franklin County Human Resources since August 2016 as the County's Healthy Living Coordinator. The selection for the January 2019 Employee of the Month was determined by the STAR Committee from a total of 6 nominations. The STAR nomination forms include the following:

*"Sarah is leading the drive for better health for all county employees."*

*"Sarah Hamel is responsible for approving all the inputs for Wellness Program points for things like dental visits, yearly physicals, and wellness checks such as mammograms. She also video tapes the lunchtime programs and creates a quiz to go along with each one. Employees who cannot attend a program can still earn Wellness points by watching videos and completing the quiz. Sarah documents the points earned for videos. There were 294 employees who earned the wellness incentive for 2019!"*

*Ms. Hamel's outstanding characteristics are attributes that have not gone unnoticed by her peers. The nomination form described her as motivated, dedicated and energetic. "Sarah deserves recognition for all of her hard work in keeping the County focused on wellness and prevention. Sarah has kept the focus on helping employees learn new ways of being healthy in all aspects of life...mind, body, spirit, family, finance, and work. The Wellness Program is outstanding in its efforts to involve more and more employees in healthy lifestyle choices."*

We are grateful to Ms. Sarah Hamel as she exudes a high standard of customer service, excellence, and respect to the employees and residents of Franklin County.