

**Greencastle SAC (717) 597-2020
December 2024**

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 11a-Bookmobile at center</p> <p>1130a Reindeer Games- Christmas Trivia</p> <p>No Basic to Advanced Art for the month- will resume in January</p>	<p>3 <u>What is your ELF name?</u> Write it on the board</p> <p>9:30-3p: Pinochle</p> <p>11a Reindeer Games- Christmas Jingle & Mingle</p> <p>12:30-4p: Card Club 500</p>	<p>4</p> <p>9-10:30a Gingerbread House Decorating</p> <p>10:30-11:30a-BINGO</p> <p>12:30-3p Knitting Crew</p>	<p>5</p> <p>9:30a- Watch "Voices of Christmas Musical"</p> <p>10:30-11:30a-Group Study (Herm F)</p> <p>1130a Reindeer Games- Christmas Mad Libs</p> <p>1:30-3p-Ladies Tea & Talk</p>	<p>6 Share your favorite holiday recipe for our shared cookbook. Cookbooks will be copied and distributed later in the month.</p> <p>11a Reindeer Games- Christmas Wheel of Fortune</p> <p>1245p Reindeer Games- Christmas Charades</p>
<p>9 <u>Defend your favorites!</u> Put your mark on the board</p> <p>11a- Reindeer Games- Christmas Family Feud</p> <p>1245p Reindeer Games- Grinch or Elf Plinko</p> <p>No Basic to Advanced Art for the month- will resume in January</p>	<p>10 <u>Wear your "UGLY" Sweater today</u></p> <p>9:30-3p: Pinochle</p> <p>11a Reindeer Games- Christmas Scattergories</p> <p>12:30-4p: Card Club 500</p>	<p>11</p> <p>10:30-11:30a- BINGO</p> <p>12:45-3p: Movie & Popcorn</p> <p><u>Buttons A Christmas Tale (2018)</u></p> <p>A magical musical story that shows believing can be the greatest gift of all (Dick Van Dyke & Angela Landsbury)</p>	<p>12 <u>Today is Rudolph Day (Wear Red!)</u></p> <p><u>What is your Reindeer name?</u> Write it on the board</p> <p>930-1130a- Reindeer craft</p> <p>10:30-11:30a-Group Study (Dave M)</p> <p>1130a Reindeer Games- Reindeer ring toss</p> <p>No Tai Chi or Ladies Tea & Talk</p> <p>1:30pm Center Closing Early for Staff Meeting</p>	<p>13</p> <p>11a-2p GSAC Christmas Party at Williamson Ruritan <u>Sign up closed 11/27/24</u></p> <p>Center Closed all day for the offsite event.</p>

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<p>16</p> <p>11a Reindeer Games- Christmas 5 Seconds Game</p> <p>1245p Reindeer Games- Christmas Jeopardy</p> <p>No Basic to Advanced Art for the month- will resume in January</p>	<p>17</p> <p><u>Tell us your favorite Christmas dessert</u> Write it on the board</p> <p>9:30-3p: Pinochle</p> <p>11a- Health & Wellness with Keystone Health (Dental Hygiene & Medications)</p> <p>12:30-4p: Card Club 500</p>	<p>18</p> <p><u>Dress in your "Grinchy Green" Today</u></p> <p>10:30a- GRINCH BINGO</p> <p>12:30-3p Knitting Crew</p>	<p>19 <u>Dress in your most festive holiday outfit</u></p> <p>930a-Christmas Hymn Sing Along before Group Study (Light refreshments will be served)</p> <p>10:30-11:30a-Group Study (Steve F)</p> <p>1130a Reindeer Games- Christmas Trivia</p> <p>1:30-3p-Ladies Tea & Talk</p>	<p>20</p> <p>11a- Christmas Karaoke with Ann and Raymond</p> <p>1245p Reindeer Games- Christmas Family Feud</p>
<p>23 <u>Wear your favorite Christmas Hat, Socks, and Accessories today</u></p> <p>11a Reindeer Games- Christmas Scavenger Hunt</p> <p>1245p Reindeer Games- Christmas Pictionary</p> <p>No Basic to Advanced Art for the month- will resume in January</p>	<p>24</p> <p>Closed for Christmas Eve</p>	<p>25</p> <p>Closed for Christmas Day</p>	<p>26</p> <p>10:30-11:30a-Group Study (Steve & Jan)</p> <p>1130a Reindeer Games- 2025 Word to live by Think of a word that you will try to live by for the whole year</p> <p>1:30-3p-Ladies Tea & Talk</p>	<p>27</p> <p><u>How can we bring peace to the world?</u> Write it on the board</p> <p>11a Reindeer Games- 2 Resolutions and a Lie Game</p> <p>Birthday Celebrations</p>

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<p>30 <u>Your Wish for 2025</u> Write it on the board</p> <p>No Basic to Advanced Art for the month- will resume in January</p>	<p>31 <u>Last game for 2024</u></p> <p>Prediction Jar Make a prediction about the upcoming year and we will revisit it next year</p> <p>9:30-3p: Pinochle 12:30-4p: Card Club 500</p>			
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Exercise Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10a-Strong Seniors Exercise Group—Beginner Level</p> <p>10:45a-Energize Exercise—Low Level</p>	<p>9:30a-Simply Seated Exercise—Moderate Level</p> <p>10:15a-Walk Fit Exercise Group-Advanced Level</p>	<p>10a-Strong Seniors Exercise Group—Beginner Level</p>	<p>9:30a-Chair Yoga—Beginner Level</p> <p>1p-Tai Chi—Low Impact</p> <p>NO TAI CHI 12/12/24</p> <p>NO CHAIR YOGA 12/5/24 & 12/19/24</p>	<p>9:30a-Simply Seated Exercise—Moderate Level</p> <p>10:15a-Walk Fit Exercise Group—Advanced Level</p>