

Mont Alto Senior Activity Center (717) 749-7294
December 2024 Activities

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| 2 9:30 Rummikub & Games 11:00 Chair Yoga Center closing at 2:00 | 3 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual) Center closing at 2:00 | 4 9:30 Rummikub & Games 11:00 Group Study 1:30 Penn Needlework Group | 5 Center is closed for Off Site Bus Trip | 6 9:30 Rummikub & Games |
| 9 9:30 Rummikub & Games 11:00 Chair Yoga 1:00 BINGO | 10 9:30 Rummikub 11:00 Sit & Get Fit (in person or Virtual) 12:45 Bingo w/ Comfort Keepers | 11 9:30 Rummikub & Games 11:00 Group Study | 12 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual) | 13 9:30 Rummikub & Games 10:30 – 12:00 & 12:30-2:30 Make Holiday cards for homebound Consumers w/ Bonnie |
| 16 9:30 Rummikub & Games 11:00 Chair Yoga | 17 9:30 Rummikub & Games 10:45 Sit & Get Fit (in person or Virtual) Special Event | 18 9:30 Rummikub 11:00 Group Study 1:00 Painting w/ Elaine 1:30 Penn Needlework Group | 19 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual) 12:45 Keystone – Dental Hygiene | 20 9:30 Rummikub & Games 1:45 Bowling |
| 23 9:30 Rummikub & Games 11:00 Chair Yoga 1:00 BINGO | 24 Merry Christmas! Center is closed | 25 Happy Holidays! Center is Closed | 26 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual) | 27 9:30 Rummikub & Games 1:00 PJ and Movie Day |
| 30 9:30 Rummikub & Games 11:00 Chair Yoga | 31 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual) Happy New Year's Eve! | | Call the day before by 1:30 to reserve your meal for the following day. | Come in before lunch and enjoy snacks, coffee, tea and great company! |