

**Tuscarora Senior Activity Center (717) 328-4744
February 2025**

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>1PM READ ALONG W/RACHEL: TISHA BY ROBERT SPRECHT</p> <p>**CLOSING @ 2PM for staff training**</p>	<p>4</p> <p>11AM STRONG SENIORS</p> <p>1PM HAND & FOOT CARD CLUB</p>	<p>5</p> <p>10-11AM BOOKMOBILE</p>	<p>6</p> <p>11AM STRONG SENIORS (Tentative: call to confirm)</p> <p>Center Closes at 1:30 for meeting</p>	<p>7</p> <p>10:30AM CERAMICS COST: \$5 SIGN-UP REQUIRED 12:45PM HEALTH TOPICS W/MARTHA: WINTER TIME BLUES 1:15PM PRE-SUPER BOWL TAILGATE PARTY: SIGN-UP TO BRING SNACKS</p>
<p>10</p> <p>1PM READ ALONG W/RACHEL: TISHA BY ROBERT SPRECHT</p>	<p>11</p> <p>11AM STRONG SENIORS</p> <p>1PM HAND & FOOT CARD CLUB</p>	<p>12</p> <p>1PM KEYSTONE HEALTH PRESENTATION: HEART HEALTH</p>	<p>13</p> <p>11AM STRONG SENIORS (Tentative: call to confirm)</p>	<p>14</p> <p>1PM VALENTINE DICE GAME AND TRIVIA</p>
<p>17</p> <p>1PM READ ALONG W/RACHEL: TISHA BY ROBERT SPRECHT</p>	<p>18</p> <p>11AM STRONG SENIORS</p> <p>1PM HAND & FOOT CARD CLUB</p>	<p>19</p> <p>10-11AM BOOKMOBILE</p> <p>1PM 1ST ED CREDIT UNION: FINANCIAL LITERACY</p>	<p>20</p> <p>11AM STRONG SENIORS (Tentative: call to confirm)</p>	<p>21</p> <p>EVENING DANCE PREP</p> <p>5-7PM JUMP AND JIVE W/JUMPIN' JOHN DJ</p> <p>OPEN TO PUBLIC</p>
<p>24</p> <p>1PM READ ALONG W/RACHEL: TISHA BY ROBERT SPRECHT</p>	<p>25</p> <p>11AM STRONG SENIORS</p> <p>1PM HAND & FOOT CARD CLUB</p>	<p>26</p> <p>1PM PAINT WORKSHOP W/ELAINE F COST: \$3 SIGN-UP REQUIRED</p>	<p>27</p> <p>11AM STRONG SENIORS (Tentative: call to confirm) 1PM FULTON COUNTY MEDICAL CENTER: DIABETES SEMINAR (PRE- DIABETES, DIABETES, AND CONTINUOUS MONITORING GLUCOSE DEVICES)</p>	<p>28</p> <p>BIRTHDAY CELEBRATION (IMMEDIATELY FOLLOWING LUNCH)</p>

Tuscarora Senior Activity Center (717) 328-4744
February 2025

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

<p>ALWAYS AVAILABLE: COMPUTERS W/ACCESS TO PRINTER, GYM, POOL TABLES, LENDING LIBRARY, MAGNIFIER MACHINE</p> <p>ACTIVITIES SUBJECT TO CHANGE</p>		<p>FEBRUARY IS THE SHORTEST MONTH, SO IF YOU'RE HAVING A MISERABLE MONTH, TRY TO SCHEDULE IT FOR FEBRUARY. ~ LEMONY SNICKETT</p>		<p>SENIOR CENTER WEATHER CLOSING HOTLINE: 717-660-2678</p>
--	--	---	--	---