

Waynesboro Senior Center (717) 762-2758
February 2025

Activity Classes are **RED**
 Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Games w/ Mary 11:00am	4 GROUP STUDY 10:30AM Candy/Chocolates BINGO 1PM	5 10am: Valentine's Day Candy Dice Game 1PM STRONGER SENIORS	6 KEYSTONE HEALTH 10:30AM "Heart Health" POTTERY 1PM CENTER CLOSSES AT 2PM FOR STAFF MEETING	7 9:15AM PINOCHLE 1:00PM Chair Yoga
10 10am Valentine's Day Activity Sheets	11 GROUP STUDY 10:30AM Candy/Chocolates BINGO 1PM	12 10:30am Comfort Keepers Presentation on Non-medical In-home Care 1PM STRONGER SENIORS	13 10am: Valentine's Day Craft-Heart Wreath Anything goes BINGO 1PM	14 9:15AM PINOCHLE 1:00PM Chair Yoga
17 Painting class 9:30am Games w/ Mary 11:00am	18 GROUP STUDY 10:30AM Valentine's Day BINGO 1PM	19 1PM STRONGER SENIORS	20 JUNK JOURNAL CLASS 10:30am Anything goes BINGO 1PM	21 9:15AM PINOCHLE 1:00pm Domino Tournament
24 10am YMCA Presentation on Exercise	25 GROUP STUDY 10:30AM Valentine's Day BINGO 1PM	26 12:30pm Stampin Up (Card making class)	27 Blood pressures 10-12 11AM First Ed Credit Union Presentation on Tips to Avoid Scams Anything goes BINGO 1PM	28 HOOKS AND NEEDLES – crochet 10:00am 9:15AM PINOCHLE BIRTHDAYS 1:00PM Chair Yoga