

Waynesboro Senior Center (717) 762-2758
January 2025

Activity Classes are **RED**
 Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Happy New Year! CLOSED	2 KEYSTONE HEALTH 10:30AM "Eye health" POTTERY 1PM	3 9:15AM PINOCHLE 1:00PM Chair Yoga
6 Games w/Mary 11:00am	7 GROUP STUDY 10:30AM Drink bingo 1PM	8 1PM STRONGER SENIORS	9 Anything goes BINGO 1PM	10 9:15AM PINOCHLE 1:00PM Chair Yoga
13 Painting class 9:30am Games w/Mary 11:00am	14 GROUP STUDY 10:30AM Christmas BINGO 1PM	15 1PM STRONGER SENIORS	16 JUNK JOURNAL CLASS 10:30am Anything goes BINGO 1PM	17 9:15AM PINOCHLE 1:00PM Chair Yoga
20 TENTATIVELY CLOSED Martin Luther King Birthday	21 GROUP STUDY 10:30AM Christmas BINGO 1PM	22 1PM STRONGER SENIORS	23 Blood pressures 10-12 Anything goes BINGO 1PM	24 HOOKS AND NEEDLES – crochet 10:00am 9:15AM PINOCHLE BIRTHDAYS 1:00PM Chair Yoga
27 Games w/Mary 11:00am	28 GROUP STUDY 10:30AM Blue bingo 1PM	29 MARTHA SWOPE "Thyroid health" 11:30am 1PM STRONGER SENIORS	30 Anything goes BINGO 1PM	31 9:15AM PINOCHLE 1:00PM Chair Yoga