## Franklin County

## March

Monday	Tuesday	Wednesday	Thursday	Friday
Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 White Bread Seasonal Fresh Fruit	Chicken Bacon Carbonara (3oz Chicken, 1/2ox Bacon) 1/2c Pasta 1/2c California Blend Vegetables 1 Breadstick 1/2c Mandarin Oranges	Ash Wednesday 5 Vegetable Lasagna Topped w/ Cream Sauce 1c Tossed Salad w/ Dressing Garlic Breadstick 1/2c Fruit Cocktail	Goulash 1/2c Brussel Sprouts 1/2c Peaches 1 Italian Bread	Tuna Salad Sandwich (4oz) 1c Bean Soup 1/2c Coleslaw 2 White Bread Fresh Fruit
Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Chocolate Pudding	Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Dinner Roll Fresh Fruit	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	Italian Burger (Peppers, Onions, White Cheese) 1c Creamy Potato Soup 1 Hamburger Roll Seasonal Fresh Fruit	Baked Breaded Fish 1/2c Hash brown Cubes 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight
Happy St. Patrick's Day!  3oz Corned Beef  1/2c Cabbage  1/2c Parsley Potatoes  1 Rye Bread  1/2c Pistachio Fluff	Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin	Cajun Chicken Alfredo 1/2c Creamy Pasta 1/2c Peas 1 Breadstick 1/2c Pineapple	Burgundy Glazed Meatballs (4) 1/2c Rice 1/2c Carrots 1 Italian breadstick Fresh Orange	Creamy Egg Salad Sandwich Lettuce & Tomato 1c Cream of Cauliflower Soup 2 Whole Wheat Bread 1/2c Applesauce Cookie
Creamy Parmesan Pork Chop 1/2c Cubed Potatoes 1/2c Carrots 1 Wheat Bread Choc chip cake w/ topping	Pizza Burger (1oz Sauce, .5oz Mozzarella) 1/2c Lemon Buttered Noodles 1/2c Brussel Sprouts Hamburger Bun 1/2c Applesauce	Chicken Bruschetta 1/2c Pesto Pasta 1/2c Capri Blend Vegetables 1 Dinner Roll Fresh Fruit	Lasagna w/ Meat Sauce 1c Tossed Salad w/ Tomato 1/2c Green Beans 1 Garlic Breadstick Fresh Fruit	Baked Crab Cake 1c Tomato Basil Bisque 1/2c California Blend Vegetables White Bread 1/2c Fruit crisp
Chicken & Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange			* Menu subject to change *	Nutrition Group